

SkyLark

NEGRE BEACH RESORT

SMOOTHIES

COFFEE DATE SHAKE

COLD BREWED COFFEE, DATES, BANANA, MILK, HONEY

7

PINA COLADA

PINEAPPLE, COCONUT, HONEY

7

FRUIT PUNCH SMOOTHIE

MANGA, PINEAPPLE, BANANA, YOGURT, HONEY

7

FRESH JUICES

SKYLARK GREENS

CALLALOO, BOK CHOY, CUCUMBER, PINEAPPLE, GINGER
LIME, LEAF OF LIFE

Our delicious green elixir is exploding with antioxidants, minerals, and vitamins.

7

JAMAICAN BEET

BEET, CARROT, PINEAPPLE, GINGER, LIME, LEAF OF LIFE

Purify your blood and detox your system with this antioxidant & vitamin rich performance booster chock full of vitamins B and C.

7

WATERMELON JUICE

WATERMELON, SALT

Refreshing and restorative hydrator, healer, and super-detoxifier.

PINEAPPLE GINGER

PINEAPPLE, GINGER

Revive and repair your body with this vitamin C super-bomb. Great source of restorative and preventative vitamins, minerals, and antioxidants.

6

MINT LIMEADE

LIME, MINT, LOCAL HONEY, ALKALINE WATER

A refreshing cooler with antioxidant-rich mint leaves, fresh from the Rockhouse organic garden.

5

WHOLE COCONUT

FRESH COCONUT WATER, SERVED IN-SHELL

This hydrating, tropical cure-all is considered the ultimate hangover remedy.

5

ORANGE JUICE

FRESH PRESSED ORANGE

A raw, freshly squeezed blast of vitamin C, potassium and thiamin.

4

TOP SHOTTA

GINGER BEET pineapple, cayenne pepper

2

BREAKFAST COCKTAILS

SKYLARK BELLINI

CHAMPAGNE, PEACH SCHNAPPS, MANGO NECTAR
FRESH BASIL

7

HOT STEPPA

SOBE BLOODY MARY VODKA, TOMATO JUICE, PICKA
PEPPER SAUCE, JERK SAUCE, LIME, SALT AND PEPPER

7

ONE LOVE

CHAMPAGNE, CHERRY BRANDY, MARASCHINO
CHERRY, BROWN SUGAR, ANGOSTURA BITTERS

7

DUTTY WINE

ROSE, APPLETON SIGNATURE BLEND, ORANGE

9

LILY'S PUNCH

CORONA, WYAT & NEPHEW, ORANGE, PINEAPPLE

7

SKYLARKING

APPLETON WHITE, WYAT & NEPHEW, BLUE CURAÇAO
PINEAPPLE, ORANGE

7

COFFEE

BLUE MOUNTAIN EXPERIENCE

100% JAMAICAN BLUE MOUNTAIN COFFEE
From Stoneleigh Estates, St. Andrew, the best of
the best served in table-side french press,
approximately 2.5 cups

10

COLD BREW COFFEE

ON-ICE, JAMAICAN MOUNTAIN COFFEE BLEND

3

HOT COFFEE

BOTTOMLESS, JAMAICAN MOUNTAIN COFFEE BLEND

3

SOFT DRINKS

SAN PELLEGRINO

7

BOTTLED SPRING WATER

4

SODA

2

TEA (HOT OR ICED)

2

COLD BREW COFFEE

3

ESPRESSO

3